

Sides

Marinated Olives (GF) £3.75
with herb and citrus infused EVOO

Hand Cut Chips £4.00
tossed with maldon sea salt
- add garlic mayo 50p

Salt & Chilli Chips £4.75
tossed with fried onion, bell pepper, chillies and mixed spice

Bread & Oil £3.50
freedom bakery sourdough with EVOO and balsamic vinegar

Side Salad (GF) £4.50
seasonal green leaves with tomato, onion and cucumber

Small Plates

Soup Of The Day £4.50
see specials board - served with sourdough

Pan Con Tomate £6.00
toasted sourdough with tomato, garlic, EVOO and maldon sea salt
- add avocado £1.00

Spring Rolls £4.75
vegetable spring rolls served with 'slaw and a sweet chilli dip

Baja Tacos £6.50
two soft corn tortillas, topped with crispy fried mushroom and salsa criolla

Teriyaki Cauliflower Wings £5.00
cauliflower florets, battered, fried and tossed in a rich sauce

Lunchtime Special £7.00
*soup of the day **and** a grilled cheese sandwich available 12:00 - 15:00*

Please ask your server for allergen information.

This menu is occasionally subject to minor changes at short notice. View our most up-to-date menus at the78barandkitchen.com.

Mains

Harissa Stewed Squash (GF) £9.75
roasted butternut squash in a garlic, carrot, and onion stew, with fried kale and tahini soured cream

Tso Tofu £8.75
crispy tofu with fried rice, broccoli, carrots and a rich tamari sauce

Apple & Fennel Salad (GF) £9.75
with toasted walnuts and a tahini and apple cider vinaigrette

Burrito £9.50
chipotle cauliflower, refried black beans, rice and cheese, wrapped in a toasted flour tortilla

Lomo Saltado £10.00
spicy south american stir fry, with seitan, mushroom, fries and rice

Tallarines Verdes £9.75
spaghetti with walnut, spinach and basil pesto and almond parmesan

Kids

Chick'n Nuggies £5.00
breaded chick'n-style nuggets, served with garden peas and fries

Quesadilla £3.00
toasted flour tortilla filled with melted Violife™ cheese, served with garden peas and fries

Grilled Cheese £4.00
toasted sourdough sandwich filled with melted Violife™ cheese, served with garden peas and fries

Desserts

Ice Cream £4.00
three scoops - vanilla or chocolate

Churros £4.75
dusted with cinnamon sugar, served with chocolate dipping sauce and vanilla ice cream

Chocolate Parfait £5.75
whipped chocolate mousse on a date and almond crust, topped with soya cream

Cake of the Day £4.50
see specials board